

# THE MUSCLE CONVENTION



## Rev. Dr. Richard Brown, III's RIVERS GYM



And Health Center, Inc.  
"Where The Best Bodies In Philadelphia Train"

Present

**Mr. and Ms. Teen Universe**

**W.P.F. Mr. and Ms.**

### "AMERICAN POSE DOWN"

**Bodybuilding and Figure Championships**

**"A INTERNATIONAL QUALFIER"**

**Saturday October 16 , 2010 5:00 P.M.**

**701 Arch Street, Philadelphia, Pennsylvania**

ENTRY FEE: \$50.00 Teen Men \$25.00 Jr. Teen \$12.00 Pre Teen \$7:00 **TICKETS \$20.00 in Advance**  
 LATE FEE: \$10.00 **WEIGH-IN: 4:00 PM**  
 CROSS OVER: \$10.00 (PER EVENT)  
 FINALS: 5:00 PM

**CONTEST REQUIREMENTS**

Current WPF Card (Available at Contest)\$50.0  
 Masters and Teens-Birth Certificate or Drivers License

**MUSIC**

Contestants provide own/ cds. /cds must be cued and labeled.  
 - 90 seconds posing time evening

**AWARDS**

Top Three (3) in each class

**FOR TICKETS AND INFORMATION CALL: (610) 291-5479**  
**OFFICIAL ENTRY APPLICATION (CIRCLE APPROPRIATE CLASS)**

**MEN'S OPEN:**

<b>LW UP TO</b> 143.5 POUNDS LBS PRE 13 AND UNDER	<b>MW<sup>OVER</sup></b> 143.5- 165.5 LBS JR. TEEN 14-16	<b>LH<sup>OVER</sup></b> 165.5-187.5 LBS TEEN 17-19	<b>HW<sup>OVER</sup></b> 187.5-209.5 LBS	<b>SUPERHW</b> OVER 209 LBS
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**TEEN MEN:**

**WOMEN'S OPEN**

	<b>UNDER 132 LBS</b>	<b>OVER 132 LBS</b>
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**MS. TRAINED  
FIGURE  
CLASSIC PHYSIQUE**

<b>UP TO 5'5"</b>	<b>OVER 5'5"</b>
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"PROMOTER RESEVERES THE RIGHT TO ADJUST CLASSES"

NAME \_\_\_\_\_ WPF# \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE ( \_\_\_\_\_ ) \_\_\_\_\_ AGE \_\_\_\_\_

In consideration for your acceptance of this entry I agree to waive and release any and all rights and claims for damages arising from the above contest, This waiver and release extends to AFRICAN AMERICAN HISTORY MUSSEUM The Zion Hill GOGIC all of its associates and agents, The Muscle Convention, its associates and agents, Rivers Gym and Health Center, Inc., its associates and agents, Richard Brown, III, The United States Physique Federation The WPF international, representatives and all officials of the USPF/WPF Mr.& MS. RAW WAR Bodybuilding Championships.

**No Refunds**

Athlete's Signature (Parent or Guardian if under 18 years old) \_\_\_\_\_

Date \_\_\_\_\_

**ENTRY DEADLINE: October 1, 2010**

**LATE FEE: \$10.00**

**MAIL ENTRY & CHECK OR MONEY ORDER TO:**

**"RIVERS GYM"**  
 529 E. Washington Lane  
 Philadelphia, PA 19144